

COMMUNITY 5K!

SATURDAY, OCTOBER 19, 2019

Registration 7:30-8:30 a.m.
Race starts 9:00 a.m. at

NEW LOCATION!

**STRASBURG JAYCEE PARK
218B MILLER STREET
STRASBURG, PA 17579**

This is an event for the community, in the community and by the community.
Your participation in this event will support your community by helping to provide transitional housing for families. The proceeds of the event are supporting *Homes of Hope* (an affiliate of *Love INC*). Visit www.loveinclancaster.org. The course begins and ends at Strasburg Jaycee Park.

For more information and to register online, visit www.community5k.com.
To mail or drop off paper registrations, send to:
Willow Street Mennonite Church, 399 E. Penn Grant Road, Willow Street, PA 17584.

- **New this year! Held in conjunction with Strasburg Day!**
- **Refreshments and door prizes after the race.**
- **You must register on or before 10/1/2019 to be guaranteed a t-shirt.**

Registration Form – please fill out for each participant

First Name _____ Last Name _____

Gender: M F

Age on Race Date _____

Email Address _____

Day Phone (____-____-____) _____

Emergency Contact Name & Phone _____

T-Shirt Size (not guaranteed if registration is received after 10/1/19)

Circle size:

Youth: XS S M L XL ---- ----

Ladies: ---- S M L XL XXL ----

Men: ---- S M L XL XXL 3XL

Signature of participant or parent guardian (under age 18):

→Waiver in fine print. See waiver on back and sign.

Amount Enclosed \$ _____

Write check out to *Willow Street Mennonite Church*.



**PROCEEDS SUPPORT
HOMES OF HOPE!**

**SINGLE
REGISTRATION**

\$20.00

\$25.00 after 10/1/19

2 PEOPLE

\$35.00

\$45.00 after 10/1/19

3 PEOPLE

\$45.00

\$55.00 after 10/1/19

4 PEOPLE

\$55.00

\$65.00 after 10/1/19

5-6 PEOPLE

\$60.00

\$70.00 after 10/1/19

Held in conjunction with

STRASBURG DAY

10am - 2pm

Free Chicken BBQ meal

Corn hole tournament

Children's games

Bounce house

Face painting

Piercing Word performances

**STRASBURG DAY is a
FREE community event!**

Participant Waiver for Race Registration

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, and animals are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the commUNITY5k, Strasburg Day, Strasburg Jaycee Park, the town of Strasburg, and all other property owners, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____

Date: _____

Parent's Signature if under 18 years: _____

Date: _____